Agenda for Del Rey Neighborhood Council

HEALTH & WELLNESS COMMITTEE
Thursday, March 5th, 2015 6:30-8:00pm
1st Thursdays of the Month
JVS Marina Del Rey Work Source Center
13160 Mindanao Way, Suite 240
Marina Del Rey [Del Rey], CA 90292
The public is welcome – no charge

“To a Neighborhood that THRIVES”

Mission Statement: Increase citizen participation and make government more responsible for local needs by measuring what matters to improve the quality of life through campaigns that focus on happiness & wellbeing of our residents, business/property owners and community stakeholders so that we can Transform our Neighborhood to THRIVE!

1. Call to Order and Introduction – 2 minutes each (max)
2. Public Comment - the public will have 3 minutes to speak on any subject not on the agenda
3. Announcements -
   a. Board Meeting: Budget for storage to house future purchases of table, chairs and tent were approved [Ellie]
   b. Upcoming Events: Health & Wellness Walk (Del Rey Outreach Walk in Area A: March 14th @ 10:00 am), Mar Vista Family Center’s Literacy Fair (March 14th @ 10-1pm), Compassionate Del Rey (Del Rey Dialogue: @Literacy Fair), and MOA Anniversary (March 21st @ 1-3pm) [Mika & Denise]
   c. New Meeting Locations (Beginning February 2015):
      January 1st—No Meeting
      February 5th (Area F) – Mar Vista Family Center (5075 S Slauson Ave, Culver City, CA 90230) [Presenter: Let’s Move West LA]
      March 5th (Area B) – JVS Marina Del Rey Work Source Center (13160 Mindanao Way, Suite 240 Marina Del Rey, CA 90292) [Presenter: LA Bicycle Coalition; To be confirmed]
      April 2nd (Area F) – Del Rey Square (11976 Culver Boulevard Del Rey, CA 90066) [Presenter: TBD]
      May 7th (Area B) – Marina Del Rey Hospital (4650 Lincoln Blvd, Marina del Rey, CA 90292) [Presenter: TBD]
      June 4th (Area H) – Broadway Gymnastics School (5433 Beethoven St, Los Angeles, CA 90066) [Presenter: TBD]
      July 2nd (Area A; Matt) – TBD [Presenter: TBD]
      August 6th (Area D; Lorena) – TBD [Presenter: TBD]
      September 3rd (Area G; Enrique) – TBD [Presenter: TBD]
      **Meeting from August to December have been in Area C
4. Old Business – summary of previous meeting and approval of previous minutes, available at http://delreync.org/minutes
5. New Business- “All agenda items could be discussion and possible actions items
   a. Board Meeting Updates: discussion on three (3) items to include as update to the board on a monthly basis
      General Update: Invitation to Area Directors at the Rotating Meetings
Update 1: Live Work Play [HAPPY] in LA (see 5b for more information)

Update 2: “Compassionate Del Rey”; thus far we’ve compiled 10 vine videos with stakeholders sharing their thoughts on what Compassionate Del Rey is. At the April meeting, please come prepared to share your thoughts!

Update 3: “Outreach Walk”; we’ve connected with Barnes & Noble where we’ll be participating in a future storytelling event to educate the youth of our community on Health & Wellness

b. Live Work Play [HAPPY] in Del Rey (Saturday, April 25th @ 4 – 6pm, Location: Del Rey Square): Inviting all community stakeholders for free food and drinks to conduct: 1) Office Hours with the DRNC Board, 2) booths set up for people to take the Well-Being Index, and 3) stakeholder input on what a Compassionate Del Rey is –

- 60 Minutes (Reception): Check-in, Food/Drinks and Vine Video Recording (Time to have attendees take the Well-Being Index)
- 30 Minutes (Presentation): Compassionate CA Presentation [Speaker: Sande Hart]
- 60 Minutes (Dialogue): Interactive Activity on “What is Compassionate Del Rey”?

*Throughout – DRNC Office Hours
**Raffle draw give-away at the end for those that take the Del Rey Well-Being Index (items to be determined)
***Photographer – volunteer needed for documenting the event

c. Event Budget: “Approval of $2,394.19 for Del Rey Health & Wellness event to be held April 25, 2015 from the Outreach section of the budget” – this event is intended to increase citizen participation by exploring the priorities to improve the quality of life in Del Rey. The estimated breakdown of the costs is available in Appendix A and the program is available in Appendix B.

7. Motion to Adjourn

The public is requested to fill out a speaker card to address the Sub-Committee on any item on the agenda. Comments from the public on agenda items will be heard when that item is being considered. Comments from the public on matters not on the agenda but within the Sub-Committee’s subject matter jurisdiction, will be heard during Public Comments. Public Comment is limited to three minutes per speaker, unless waived by the presiding officer of the Committee.

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