Minutes for Del Rey Neighborhood Council

**HEALTH & WELLNESS COMMITTEE**

Thursday, February 5th, 2015 6:30-8:00pm

1st Thursdays of the Month

Mar Vista Family Center
5075 S. Slauson Ave (Del Rey) Culver City, CA 90230

The public is welcome – no charge

“Together, we can transform our neighborhood to THRIVE”

**Mission Statement:** Increase citizen participation and make government more responsible for local needs by measuring what matters to improve the quality of life for residents, business/property owners and stakeholders in Del Rey to transform our neighborhood to THRIVES!

Welcome and Introduction – meeting was called to order by Chair Kim at 6:42 pm – Present: Mika Kim, Chair; Denise Petrulis, Chair; Marlene Savage, Member; Ellie Bertwell, Member; Lorena Alvarado, Member.

1. Public Comment – no public comment.
2. Announcements – 1) Budget (approval for table & chairs); prior to purchasing any goods for the board, DRNC requires a rental storage unit; 2) Upcoming events: Happiness Walk (the Del Rey Outreach Walk); Saturday, February 14th and Compassionate Del Rey (the Del Rey Dialogue); Friday, February 20th and MOA Wellness Anniversary; Saturday, March 21st
3. Old Business – summary of previous meeting and approval of previous minutes, available at http://delreync.org/minutes
4. New Business-
   a. Mar Vista Family Center - a presentation by the Mar Vista Family Center on its mission, history, goals and current services being provided to the community
   b. Health & Wellness Business Partnerships in Del Rey - DRNC Health & Wellness will work with local businesses to further promote health & wellness subject matters to the community. By re-formatting the previously campaigned “Walk the Talks” which were pre-fixed routes to now routes that span from Area to Area in Del Rey, it will allow us to outreach to a larger community
   c. Board Meeting Update – items to announce at the next DRNC Board Meeting include: 1) Area Directors at the Rotating Meetings, 2) Del Rey Well-Being Index Update; 25 to date and 75 more to go; and 3) Compassionate Del Rey Update
   d. Proposed Events – due to conflict of schedule, DRNC Health & Wellness will help support the Mar Vista Family Center’s Literacy Fair in lieu of the LA Big 5K on **Saturday, March 14th**, MOA
Wellness Anniversary on Saturday, March 21st and will participate in CicLAvia West LA on Sunday, August 9th, and Compassionate Del Rey (September 11th).

e. Live Work Play [HAPPY] in Del Rey – due to conflicting schedules with the MOA Wellness Center’s 50th Anniversary event on March 21st, the event shall be rescheduled to April or May of 2015. The event will be a “town hall” type meeting where we gather community members to discuss the following: 1) Compassionate Del Rey and its meaning, 2) a gathering space to take the Del Rey Well-Being Index (in both electronic and paper format), and 3) an event to hold office hours for the DRNC Board and the Stakeholders. A total of 10 volunteers will be required for the event.

5. Next meeting – March 5th, 2015, 6:30pm @ JVS Marina Del Rey Work Source (13160 Mindanao Way, Suite 240 Marina Del Rey, CA 90292)

6. Motion to Adjourn – the meeting was adjourned at 8:04pm