Agenda for Del Rey Neighborhood Council

HEALTH & WELLNESS SUB-COMMITTEE
Thursday, December 4th, 2014 6:30-8:00pm
1st Thursdays of the Month
MOA Wellness Center (310) 574-9900
4533 S. Centinela Avenue, Del Rey, California, 90066
The public is welcome – no charge & free parking available

“To a Neighborhood that THRIVES”

Mission Statement: Increase citizen participation and make government more responsible for local needs by measuring what matters to improve the quality of life through campaigns that focus on happiness & wellbeing of our residents, business/property owners and community stakeholders so that we can Transform our Neighborhood to THRIVE!

1. Call to Order and Introduction – 2 minutes each (max)
2. Public Comment - the public will have 3 minutes to speak on any subject not on the agenda
3. Announcements -
   a. Board Meeting: November meeting recap
   b. Compassionate Del Rey: Compassionate Action Week (September 11th thru 21st)
   c. Let’s Move!: Annual Planning Meeting (Wednesday, December 10th @ 6:30pm – 8:30pm, West LA Municipal Building, 1645 Corinth Ave., 2nd Floor)
   d. Walk the Talk (2nd Saturday of the Month @ 10:00 am) & Social @ Six (3rd Fridays of the Month @ 6:00 pm)
   e. New Meeting Locations (Beginning February 2015):
      January 1st – No Meeting
      February 5th (Area E) – Mar Vista Family Center (5075 S Slauson Ave, Culver City, CA 90230)
      March 5th (Area B) – JVS Marina Del Rey Work Source Center (13160 Mindanao Way, Suite 240 Marina Del Rey, CA 90292)
      April 2nd (Area F) – Del Rey Square (11976 Culver Boulevard Del Rey, CA 90066)
      May 7th (Area B) – Marina Del Rey Hospital (4650 Lincoln Blvd, Marina del Rey, CA 90292)
      June 4th (Area H) – Broadway Gymnastics School (5433 Beethoven St, Los Angeles, CA 90066)
      July 2nd (Area A) – TBD
      August 6th (Area D) – TBD
      September 3rd (Area G) – TBD
      **Meeting from August to December have been in Area C

4. Old Business – summary of previous meeting and approval of previous minutes, available at http://delreync.org/minutes
5. New Business- “All agenda items could be discussion and possible actions items”
a. Board Meeting Updates: discussion on three (3) items to include as update to the board on a monthly basis
b. Standing Committee: discussion on making Health & Wellness to become a standing committee
c. Quality of Life Assessment in Del Rey: on-going discussion on strategic planning for community engagement
   1. Goal - outreach to obtain 125 respondents per Area (A thru H) x 8 = 1,000
   2. Collaboration – attend other Del Rey Committees for support (Education, Outreach, Land Use & Planning, Ethics, Budget & Finance, etc.)
d. Live Work Play [HAPPY] in Del Rey: discussion on event programming details
   1. Budget – Food Purchase $1,000, Paper Goods & Water: $250, Educational Activities: $500, Health & Wellness Activities: $500, Miscellaneous (printing, advertising, etc): $250

6. Chair Report
   a. Area Chair Updates: status on recruitment of area champion(s)
   b. Social @ Six Updates: status
   c. Let’s Move! Del Rey Updates: status (Denise)

7. Motion to Adjourn

The public is requested to fill out a speaker card to address the Sub-Committee on any item on the agenda. Comments from the public on agenda items will be heard when that item is being considered. Comments from the public on matters not on the agenda but within the Sub-Committee’s subject matter jurisdiction, will be heard during Public Comments. Public Comment is limited to three minutes per speaker, unless waived by the presiding officer of the Sub-Committee.

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