Minutes for Del Rey Neighborhood Council

HEALTH & WELLNESS SUB-COMMITTEE
Thursday, September 4, 2014 6:30-8:00pm
1st Thursdays of the Month
MOA Wellness Center (310) 574-9900
4533 S. Centinela Avenue, Del Rey, California, 90066
The public is welcome – no charge

“To put NEIGHBOR back into NEIGHBORHOOD”

Mission Statement: Increase citizen participation and make government more responsible for local needs by measuring what matters to improve the quality of life for residents, business/property owners and stakeholders in Del Rey to transform our neighborhood to one that THRIVES!

Welcome and Introduction – meeting was called to order by Chair Kim at 6:33 pm – Present: Mika Kim, Chair; Ron Kato, Member Chair; Martha Hall, Member; Clifton Matsuno.

1. Public Comment – there was no public comment
2. Announcements – 1) approval of the $2,500 budget for the Live, Work, Play [HAPPY] event in March 2015, 2) Plan for a Healthy LA status and 3) NC Budget Day summary
3. Old Business – August meeting recap
4. New Business-
   a. FY 2014-15 Strategic Plan – overview of the Strategic Plan outlining the committee’s goals, budget and performance metrics
   b. Member Recruitment – a call for recruitment was made for area representatives from B, D, E, G and H to complete the chair positions for the committee outreach along with champions for each area to work alongside the chairs
   c. Events / Activities – monthly walking groups were established to be on the 2nd Saturdays of the month from 10am (location: Ballona Creek Bike Path Entrance, Centinela Ave. at Milton St) beginning in November
   d. Quality of Life Assessment – four (4) benchmarking tools are currently being considered as the framework to assess the Quality of Life in Del Rey: 1) New Economic Foundation (NEF) National Accounts of Well-being, 2) Gallup Well-being Index, 3) Happy Planet Index, and 4) Gross National Happiness Index
   e. Strategic Partners & Alliances – a directory is being put together to identify businesses/organizations in the Health & Wellness sector in Del Rey
f. Live Work Play [HAPPY] in Del Rey - the event scheduled for Friday, March 20th, 2015 is in development

5. Next meeting – October 2, 2014, 6:30pm

6. Motion to Adjourn – the meeting was adjourned at 8:05pm

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